



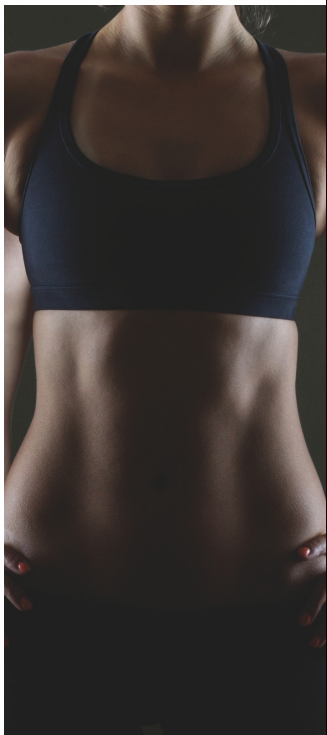
Muscle Tone And Definition

Muscle Mass Increase

Body Shaping

Pads Designed For Maximum Comfort

The pads are ergonomic and are developed to adapt to and interact in an excellent way with the area treated.



3 Different Shaped Pads



FLAT

Mainly suitable for upper legs, thighs and buttocks



CURVE

Mainly suitable for lower leg and forearm



ELLIPSE

Mainly suitable for abdomen

Tailored & Progressive Training Programs

Renewderm Body Contouring training program is indicated for resumption or strengthening of physical activity by level of physical condition:

- Sedentary People** With Reduced Muscle Tone
- Moderately Active** People With Normal Muscle Tone
- Fit People** Who Are Used To Strength Training

3 Different Protocols Are Available Depending On The Patient's Fitness Level

Aerobic

Starting Workout Protocol For Untrained Subjects.



Shaping

Muscle work aimed at recovering muscle trophism and tone. This is the recommended starting workout protocol for subjects who do not perform regular physical activity.



Strength

Muscle work aimed at increasing muscle strength and building up muscle mass. This is the starting workout protocol for fit subjects.



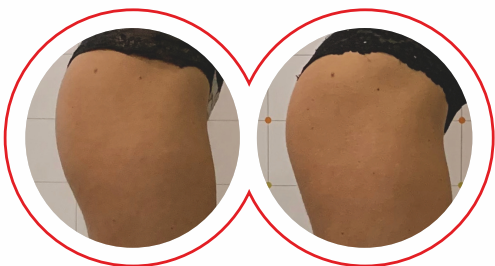
Each protocol consists of 2 modules (#1 and #2) of increasing intensity, to be performed in chronological succession:

#1 - beginner step, to apply the initial treatments of the series;

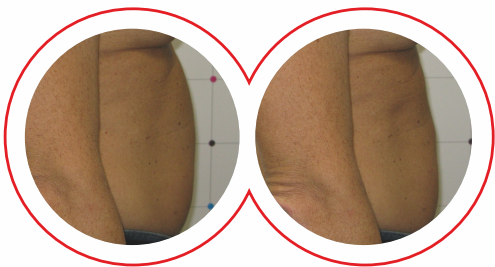
#2 - advanced step, to apply when well tolerated by subjects, to progress with the series of treatments.



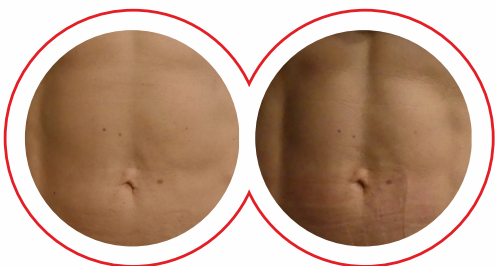
Courtesy of **A. Leone**, M.D.,
Pescara, Italy



Courtesy of **A. Leone**, M.D.,
Pescara, Italy



Courtesy of Prof. **P. Bonan**, M.D.,
Florence, Italy



Courtesy of **G. Turra**, M.D.,
Rudiano (BS), Italy

WHY RENEWDERM'S FMS IS A PERFECT MATCH FOR YOU

- Exclusive **Top FMS** Magnetic Field Emission
- **Non-Invasive** System
- **No or Minimal Downtime**
- **Painless Progressive** Workout Tailored For Any Patient

RENEWDERM

New Mazagaon Co-op. Hsg. Soc. Ltd., A Wing 3rd Floor,
Office No 36(I) / 37, 370/371 Nesbit Road, Next to Mazagaon Court,
Mazagaon, Mumbai: 400 010. Tel : 022-23723724 / 23723725

For directions Please Google 'RENEWDERM' Mumbai

Timing: (Mon - Fri) Morning - 9am to 1pm

Evening - 4:30pm to 7:30pm, Sat. - 10am to 6pm

Website : www.drshenazarsiwala.in

Mobile: 09821214856 / 9833309598

Email : drshenaz.arsiwala@gmail.com
renewderm@gmail.com

For Directions Please Google 'Renewderm Mumbai'



Sculpt your dream body, Effortlessly !

Painless and Progressive
Muscle Strengthening
Through Neuromuscular
Stimulation

Renewderm offers the
ultimate body
contouring
experience



DR. SHEHNAZ ARSIWALA
DR. NAZNEEN ARSIWALA

RENEWDERM

SKIN . HAIR . LASERS . AESTHETICS CENTRE